Will My Insurance Cover Nutrition Counseling?

Nutrition Dynamix is "in network" with a contract for service for the following insurance companies:

- United Health Care (except Navigate, Core, Charter, and Doctors Health plans)
- UMR
- All Savers
- Cigna
- Humana
- Aetna
- Medicare Part B (federal guidelines have restrictions on medical necessity, only covered for diabetes and kidney disease)

Nutrition Dynamix is "out of network", but still a provider with the following insurance companies:

Anthem Blue Cross Blue Shield (your plan must have "out of network" benefits for coverage)

Each insurance plan has individualized coverage depending upon what your employer has elected to include. **Just because Nutrition Dynamix accepts your insurance does not mean that you have nutrition coverage benefits on your insurance plan.** There may also be restrictions and/or limits to the number of visits. For example, some plans may only cover if medically necessary while other plans may not require a reason. Some plans may classify nutrition counseling as "preventative" and copays do not apply. Other plans may require a copay or that your deductible be met.

Patients that want to determine insurance coverage can contact their insurance company and write down the answers to the following questions. Note: The Tax ID # for Nutrition Dynamix is 47-344-1529.

1. Date Contacted: _____   Insurance Rep. Name: _____

2. Do I have coverage for Nutrition Counseling (CPT Code 97802- Initial Assessment and CPT 97803- Follow-up)?
   _____

3. Are there restrictions on what conditions are covered? Do I have both Routine (Preventative) and Non-Routine (medical necessity) nutrition coverage? _____
   _____

5. Are there restrictions on the number of visits per year? _____

6. Does my yearly Out of Pocket Deductible need to be met before my Nutrition Counseling is covered?
   _____

7. Do I have a copay? _____

8. Confirmation number for this phone call: _____