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Will My Insurance Cover Nutrition Counseling?

Nutrition Dynamix is "in network" with a contract for service for the following insurance companies:

- United Health Care (except Navigate, Core, Charter, and Doctors Health plans)
- UMR
- All Savers
- Cigna
- Humana
- Friday Health Plan
- Medicare Part B (federal guidelines have restrictions on medical necessity)

Nutrition Dynamix is "out of network", but still a provider with the following insurance companies:

Anthem Blue Cross Blue Shield (your plan must have "out of network" benefits for coverage)

Each insurance plan has individualized coverage depending upon what your employer has elected to include. **Just because Nutrition Dynamix accepts your insurance does not mean that you have nutrition coverage benefits on your insurance plan.** There may also be restrictions and/or limits to the number of visits. For example, some plans may only cover if medically necessary while other plans may not require a reason. Some plans may classify nutrition counseling as "preventative" and copays do not apply. Other plans may require a copay or that your deductible be met.

Patients that want to determine insurance coverage can contact their insurance company and write down the answers to the following questions.

1. Date Contacted: _____ Insurance Rep. Name: _____
2. Do I have coverage for Nutrition Counseling (CPT Code 97802- Initial Assessment and CPT 97803- Follow-up)?
   _____
3. Are there restrictions on what conditions are covered? Do I have both Routine (Preventative) and Non-Routine (medical necessity) nutrition coverage? _____
   _____
5. Are there restrictions on the number of visits per year? _____
6. Does my yearly Out of Pocket Deductible need to be met before my Nutrition Counseling is covered?
   _____
7. Do I have a copay? _____
8. Confirmation number for this phone call: _____