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Will My Insurance Cover Nutrition Counseling?

Nutrition Dynamix is "in network" with a contract for service with the following insurance companies:

- United Healthcare**
- Cigna**
- Rocky Mountain Health Plans**
- Friday Health Plans**
- Medicare Part B**

We are "out of network" with the following insurance companies:

Anthem Blue Cross Blue Shield

Each insurance plan has individualized coverage depending upon what your employer has elected to include. There may also be restrictions and/or limits with your nutrition counseling plan. **Just because Nutrition Dynamix accepts your insurance does not mean that you have paid nutrition coverage on your plan.** For example, a plan may only cover for certain diagnoses or it may have limits to the number of visits per year.

Patients that want to determine insurance coverage can contact their insurance company and write down the answers to the following questions.

1. Date Contacted: _____
2. Insurance Rep. Name: _____
3. Do I have coverage for Nutrition Counseling (CPT Code 97802 Initial Assessment and CPT 97803 Follow-up)? _____
4. Are there restrictions on what diagnostic codes are covered? Do I have both routine (preventative) and non-routine (medical necessity) coverage? _____

5. Are there restrictions on the number of visits?

6. Does my yearly "out of pocket" deductible need to be met before my nutrition counseling is covered?

7. Do I have a copay? _____
8. Confirmation number for this phone call: _____