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Will My Insurance Cover Nutrition Counseling?

Nutrition Dynamix is “in network” with a contract for service with the following insurance companies:

United Healthcare
Cigna
Humana
Rocky Mountain Health Plans
Medicare

Each insurance plan has individualized coverage depending upon what your employer has elected to include. **Just because Nutrition Dynamix accepts your insurance does not mean that you have paid nutrition coverage on your insurance plan.** There may also be restrictions and/or limits with your nutrition counseling plan. For example, a plan may only cover if you have Diabetes or Morbid Obesity or a plan may have limits to the number of visits per calendar year. Some plans may classify Nutrition Counseling as Preventative where copays usually don't apply. Other plans may require a copay.

Patients that want to determine insurance coverage can contact their insurance company and write down the answers to the following questions.

1. Date Contacted: _____
2. Insurance Rep. Name: _____
3. Do I have coverage for Nutrition Counseling (CPT Code 97802 Initial Assessment and CPT 97803 Follow-up)? _____
4. Are there restrictions on what diagnostic codes are covered? _____

5. Are there restrictions on the number of visits? _____
6. Does my yearly Out of Pocket Deductible need to be met before my Nutrition Counseling is covered?

7. Do I have a copay? _____
8. Confirmation number for this phone call: _____